

**Board Meeting Minutes  
Pilates Method Alliance Board of Directors  
Wednesday, March 16, 2022  
11:00am to 12:30pm PST**

	TOPIC	DISCUSSION	ACTION ITEM	OWNER	DUE DATE
1.	Meeting Call to Order	Meeting called to order by Stella Hull-Lampkin at 11:13am.		Stella	
2.	Roll Call	In attendance: Stella Hull-Lampkin - President; David McMahan - President-elect/secretary; Eshael Johnson - Treasurer; Carla Harris - Executive Director; Directors - Everlea Bryant, Barbara Lauriat, Karolina Schmid (-11:37am) The session met quorum requirements. Late: Moimusa Ahmadu (11:26am-), Elizabeth Fullerton (11:47am; schedule miscommunication), Mary Holtschneider (11:28am; schedule miscommunication). Absent:		Stella	
3.	New Staff Introductions	- Corin Brigas – Executive Assistant, Karina Candelario – Membership Associate, Dan Roberts – Programs Sr Associate.		Stella	
4.	Approval of Consent Agenda	Documents in Consent Agenda: a) Minutes from February 2022 BOD Meeting b) Letter of Board Resignation from Cecelia Pulido  Barbara: Motion to vote on approval of minutes for January 2022. David: Seconded motion for vote Vote: All in favor, no opposed. Motion is passed.		Stella	
5.	Board Discussions	- Review of Board communications procedures and expectations. - Discussion around update of PMA Bylaws including Director requirements and attendance policy.		Stella	
6.	Operations Report	<ul style="list-style-type: none"> <li>• Overview of Operations <ul style="list-style-type: none"> <li>- Preparations for Pilates Day, May 7<sup>th</sup>.</li> <li>- Planning local Pilates Day event in Florida.</li> <li>- Meeting Membership renewal and acquisition goals for March.</li> <li>- Promoting member usage of the online membership forum.</li> </ul> </li> </ul>		Carla	

		<ul style="list-style-type: none"> <li>- In discussion with a company for international language audio translations. To be included in April quarterly budget.</li> <li>- Certificates of Sponsorship will be sent to sponsors.</li> <li>- Pilates Connects event at Bird Dog Pilates in Phoenix, AZ on April 12<sup>th</sup>.</li> <li>- Asking Directors to help organization with acquisition of conference sponsors.</li> </ul> <ul style="list-style-type: none"> <li>• Conference 2022 <ul style="list-style-type: none"> <li>- Updates on conference registrations and sponsorships.</li> <li>- 40% of Expo Hall sold.</li> </ul> </li> </ul>			
7.	Committee Report: Membership	<ul style="list-style-type: none"> <li>- Committee has been discussing the development of the new PMA Innovators and PMA Legacy Circle initiatives.</li> <li>- PMA membership would be a prerequisite.</li> <li>- Making an effort to tie the PMA Core Values into the selection process of inductees.</li> <li>- Committee chairs to present proposal for the Board to review.</li> </ul>		Karolina, Everlea & Moimusa	April BOD Meeting
8.	Committee Report: Advocacy	<ul style="list-style-type: none"> <li>- Reviewing archived Pilates is Health initiative information and how to repurpose for future initiatives.</li> <li>- Discussions about research and evidence-based practice.</li> <li>- Corin Brigas is new staff liaison for Advocacy committee.</li> <li>- Pilates is Health website is out of date and will be taken offline; information can still be accessible via private link.</li> </ul>		Elizabeth & Mary	
9.	Committee Report: Education	<ul style="list-style-type: none"> <li>- Meeting about setting up the Research Forum.</li> <li>- Working on assembling the ITTAP Council.</li> </ul>		Barbara	
10.	Review of KPIs	<ul style="list-style-type: none"> <li>- Carla Harris was excused from the meeting.</li> <li>- Board Directors had a discussion pertaining to the KPIs of the Executive Director.</li> </ul>		Stella	
11.	Adjournment	Meeting adjourned by Stella Hull-Lampkin at 12:30pm.		Stella	

*These minutes submitted by David McMahan.*

*These minutes approved on 4/20/22..*